



## Dear Parents, Families and members of the College Community,

*Please note my letter of 26 March regarding keeping students at home from Monday 30 March.*

Yesterday was our first day of full online learning. Early days, yet but as I walked through each Learning Hub at the College (and a virtual walk through online classes) I was very impressed with the engagement of our students.

To get to the position yesterday where we could do this has been the result of much extra work by staff and I am most appreciative of their effort, particularly as, up until Wednesday, they were teaching their actual classes on site. Students also are to be commended on the manner in which they have switched to online learning.

We are in difficult times but are doing our best to ensure learning continues for our students. Students at home learning online will need the support of parents in this, as per my letter this week, ie., space, quiet, unhindered broadband access during learning and so on.

It will take some time for everyone to smoothly undertake a new style of teaching and learning, however, our long range preparation has served us well.

Mrs Crockett has been proactive in offering meditation sessions for staff and students and, with other members of our Pastoral Care team, are supporting students.

**(Mr Hall - Principal)**

### MARCH 2020

27-28 March Kalgoorlie-Boulder Fair  
**CANCELLED**

### APRIL 2020

Week 9  
3 April Year 7/2021 Academic Scholarship Exam  
**POSTPONED**

Week 10  
8 April Holy Week Liturgy  
Year 7, 9, 12 Parent Interviews 2:30pm Close  
**TBA**

8 April Last Day Term 1

9-13 April Australian National Band Championships  
**CANCELLED**

23-27 April Arts Trip - **POSTPONED**

28 April Term 2 Commences



Yesterday I received the sad news that the Principal of Corpus Christi College, Caroline Payne, has succumbed to her cancer.

Several Staff knew and worked with Caroline Payne and her daughter taught at our College a few years ago.

Eternal rest grant unto Caroline, O Lord, and let perpetual light shine upon her. May she rest in peace. May her soul and the souls of all the faithful departed, through the Mercy of God, rest in peace.

Amen.

## Prayer - Lord Help Me

*Lord, help me be prepared, but not anxious.  
Be aware, but not desperate.*

*Be vigilant, but not in fear.  
Be joyful, but not clueless.*

*Be faithful, but not careless.  
Lord, be my hope and strength."*



***Live Jesus in Our Hearts ... Forever,***

### Hand Sanitiser Investigation



Following on from last week's science experiment to determine if the JPC made product was effective.

Three students were asked to take part in an investigation to compare the JPC hand sanitiser to a commercial brand and an antibacterial dishwashing detergent. They each exposed their dirty right hand to a petri dish of nutrient agar. After following the directions on the containers, they then exposed a second

petri dish with their clean right hand. A comparison was made after 3 days. Although none of the sanitisers were 100% effective the JPC product had fewer growths on the clean hand than the other two brands.

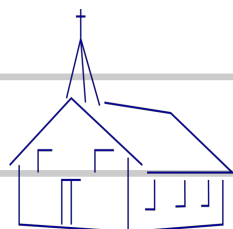
(Mr Grafton - Head of Science)



## ...From Fr Stephen

Our hearts and prayers go out to all those affected by the recent unfolding's of this past week. Though Churches are now closed to the public, find the person Mary Kalgoorlie on Facebook to join the livestream of our Sunday and daily Masses, devotions where we are praying for your intentions.

The page [St. Mary's Parish Goldfields Catholic Community](#) has up to date announcements.



Parish Office : 9021 2100 Fr Brennan Sia Email: [kalgoorlie@perthcatholic.org.au](mailto:kalgoorlie@perthcatholic.org.au)  
Parish Administrator Mail: PO Box 124, Kalgoorlie WA 6430



### An update on how the St Mary's Parish will function over the coming weeks.

- ❖ PARISH OFFICE: Firstly the Parish Office is open and the Parish Team is available to serve and assist as best as possible
- ❖ ALL SERVICES AND DEVOTIONS ARE ONLINE INCLUDING SUNDAY MASS, STATIONS AND MORE.
- ❖ The services are LIVE-STREAMED on the person account **'Mary Kalgoorlie'**. Services will remain accessible after the event. Please go to the [St Mary's Parish Goldfields Catholic Community](#) facebook page for instructions to view the live-stream as well as announcements.
- ❖ Collection for CARITAS continues as normal.
- ❖ SACRAMENTAL CLASSES ARE CANCELLED UNTIL FURTHER NOTICE.
- ❖ GYM Youth Ministry and RCIA group - will be meeting online. Arrangements will be confirmed soon.
- ❖ We are still in need of Readers and Cleaners - please contact the Parish Office if you can help.

### Mental Health Resource

This site has great resources for students and parents and anyone looking for information related to Mental Health.

<https://headtohealth.gov.au/>



*We care. We listen.*

24 hour (FREE) call

**1800 55 1800**

[www.kidshelp.com.au](http://www.kidshelp.com.au)

### Kalgoorlie-Boulder Family Counselling Services



headspace Kalgoorlie  
Level 1/48 Brookman St Kalgoorlie WA 6430  
Phone: 9021 5599  
Email: [hkaladmin@hopecs.org.au](mailto:hkaladmin@hopecs.org.au)  
Hours: 9am-5pm, Monday-Friday  
*"For young people 12-25 years old"*



Centrecare Goldfields  
168 Egan Street Phone: 9080 0333  
[www.centrecare.com.au](http://www.centrecare.com.au)  
*"People Making Time for People"*

# General Notices

REMINDE



## Friendly Reminder

The First Instalment of School fees are due on the 31 March 2020.

(Mrs Orazi)

### \*\*\*DON'T FORGET\*\*\*

The applications for the Secondary Assistance Scheme close on Thursday, 9 April 2020

If you are eligible, please see Mrs Molloy in Administration to complete your Application for assistance before the end of Term 1.

*See notice below.*



### STATEMENT OF SCHOOL FEES

Statements dated 28 February 2020 were emailed to Parents / Guardians on 2 March and 3

March.

*If you have not received your Statement please notify Mrs Molloy at the College on 9021 4377 and we will re-send it to you.*

## IMPORTANT

**Closing Early**

Please note the Administration Office closes early at 3:15pm on Friday afternoons.

## John Paul College 2019 Year Book



### Year 12's - 2019 Graduates - Year Book Collection

If you are a friend or relative and are able to collect the Year Book for 2019 Year 12 students - please come to Administration Office to collect.

*Sorry We're*  
**CLOSED**

UNIFORM SHOP

CLOSED UNTIL FURTHER NOTICE

REMINDE

# SECONDARY ASSISTANCE SCHEME

YEARS 7 TO 12  
YOU MAY BE ELIGIBLE FOR UP TO:

**\$350**

towards school expenses

**DON'T MISS OUT**



- DO YOU HOLD A:
- CENTRELINK HEALTH CARE CARD
  - (OR) ● CENTRELINK PENSIONER CONCESSION CARD
  - (OR) ● VETERANS' AFFAIRS PENSIONER CONCESSION CARD

Applications Close  
**Thursday 9 April 2020**

Ask School Reception for More Information

# LESSONS FOR CORONAVIRUS

## LESSONS FOR CORONAVIRUS

The causes of stress fit into the acronym NUTS: novelty; unpredictability; threat (or perceived threat); sense of control. Pandemic viruses hit on all of those stressors, more so for the young, for whom the novelty is higher and a sense of control lower. Neuroscience shows that it is adversity in life, dealing with tolerable challenges, that wires the brain for resilience. So, **while ideally we will be spared the worst of the crisis, there's also an opportunity to use it to help our children.**



- ★ Make a plan and a Plan B. Visualising how to navigate a situation activates neural pathways in ways similar to actually doing the thing. This is why airlines give the same instructions to passengers time after time. Anticipate difficulties and make multiple plans to navigate them. It can be paralysing to feel you have only one route and that is blocked, so make a Plan B too.
- ★ Make a list. Putting plans, thoughts and concerns on paper can increase a sense of control, lower the power of those concerns and free up cognitive resources.
- ★ Assign children something to do. Parents want to make children feel **safe but it's better if we make them feel brave and give them a sense of control.**
- ★ Teach children where to get help. Talk about what they should do if they feel ill or afraid. Show them where emergency supplies are kept. Share your plans. That helps engage their pre-frontal cortex and its problem-solving faculties, calming their amygdala (the stress response) and strengthening the connections between the two.
- ★ Teach children what to do. When they can see washing hands as something that helps others and not just themselves, it increases their sense of control. Hygiene becomes a super power!
- ★ Spread calm. When family members are alarmed or panicking, **calmly say, "Do I look worried? This is manageable."**
- ★ Take the long view. We can remind ourselves of the difficulties we and our families have weathered in the past. It engages our coping skills, helping us better figure out how we will get through this challenge if it comes our way.
- ★ Talk back against your own fear in front of your children. ***"It is scary that so many people are sick but the news doesn't talk about the fact that everyone else is doing fine, or all the people who are only a little sick. We have a good plan and other people looking out for us."***

It is the sense of control that can be the source of future resilience. After this virus has run its course, not only will we have a greater herd immunity to the virus, we may also have greater herd immunity to the stress. And if we handle it properly, our children will, too.

(Acknowledgement: Ned Johnson, March 2020)

### Preventing COVID-19 Spread



**DO** frequently wash hands with soap and water for at least 20 seconds



**AVOID** touching your mouth, nose, eyes and face



**DO** cover nose & mouth if coughing or sneezing with elbow or tissue.



**AVOID** close contact if you, or they have cold or flu-like symptoms

#### COVID-19 UPDATES

The WA Department of Health has updated information including frequently asked questions about the COVID-19.

To view this information visit: [healthywa.wa.gov.au/coronavirus](https://healthywa.wa.gov.au/coronavirus).

**Coronavirus Health Information Line**  
**1800 020 080**

# General Notices





## Year 7-2021 Enrolment's are Open

### JOHN PAUL COLLEGE 2021 ENROLMENT

Enrolments for Year 7 for 2021 are now open.




Please collect your 'Application for Enrolment' form from the Front Reception at the College or download a copy from the College website – [jpc.wa.edu.au](http://jpc.wa.edu.au).







## JOHN PAUL COLLEGE

### YEAR 7 ACADEMIC SCHOLARSHIPS

**POSTPONED**

Examinations for Academic Scholarships will be held at John Paul College on Friday 27 March 2020 at 9.00am.

There are two scholarship opportunities available for Years 7, 8, 9 & 10. Applications are invited from students who have achieved satisfactory reports.

Academic, cultural and sporting achievements are both valued and recognised. Students are encouraged to strive for excellence and develop their potential in accordance with the College motto: Justice, Peace and Charity.


*Application Forms can be collected from the John Paul College Reception or email [admin@jpc.wa.edu.au](mailto:admin@jpc.wa.edu.au) for a printable copy.*

**CLOSING DATE FOR SCHOLARSHIP APPLICATIONS IS FRIDAY 27 MARCH 2020**

### ART PRIZE

Despite the cancellation of the Kalgoorlie-Boulder Fair - the GMAEG Fair Art Prize is still scheduled to go ahead so please don't down your brushes just yet. See below for a link to updated information.

[GMAEG Fair Art Prize Link](#)



**GOLDEN MILE ART EXHIBITION GROUP INC.**

**2020 Community Fair ART PRIZE**  
Friday 27 - Saturday 28 March

**\$1,500 prize pool**

All ages welcome from junior to adult  
Open theme - submit any work in any artform!  
More details to be announced and entries open soon




## CALLING ALL WRITERS for the 2020 SCHOOL WRITING COMPETITION

Enter your poem or short story to be in the running for the great CASH and PRIZES on offer including \$1000 first prize AND your choice of a Playstation 4, Xbox One X, \$500 Rebel Sport Gift Card or Nintendo Switch.






Now is the perfect opportunity for our budding writers to enter the School Writing Competition!

# SCIENCE - Spreading a Virus Investigation

## VIRUS

With the current coronavirus situation gaining a huge number of headlines in all forms of the media. Our Science Learning Area, under HOLA Mr. Grafton, demonstrated to students the speed and ease at which this virus can be spread.



(Pictured are Year 7 students)



Students chose a shot cup half filled with a liquid. One cup contained a very weak laboratory acid, while the others were water. The acid cup symbolized a person with the virus. The investigation followed this story line:

1. Students went to an entertainment area, made contact with another student and blended their cups together. This was exposure one.
2. This occurred two more times, once while visiting a shop and again when stopping for a snack.
3. Students recorded their contacts



4. Medical testing for the virus was completed by using Universal Indicator. A green colour change was a negative test, a red colour was a positive result showing the student had been exposed to the virus.
5. Students then used their contact list to determine who was the first student affected.

This highlighted that within an afternoon the virus can spread from one person to a total of eight. This would represent around 25% of the class.

(Mr Grafton – Head of Science)



# SCIENCE - Spreading a Virus Investigation

## Virus



(Pictured are Year 10 students)



Left: Year 12 Chemistry students assist Mrs Bailiff's Year 9 students with a practical experiment illustrating the spread of a virus using acid and an indicator. One person carrying the virus was able to pass it on to 7 others through only 3 'social interactions'. Year 12's manned the 'Medical Testing Stations' where an indicator was added to each students' solution to determine if they had contracted the virus, then they led an investigation to trace the source of the virus back to one student who had been randomly assigned as a carrier.

(Mrs Drake)

# J Corner

Photograph

Pictures of the Week



Mrs Mudzimwa with Year 11's

Journal Pictures of the Week



Pictured above are awe-inspiring messages from Mrs Waite and Library Staff Mrs Burge and Mrs Sheehan that greet students and staff to the Library.

More pictures on [JPC facebook page](#)



# J Corner

Photo



Pictures of the Week



At School or at Home online - schooling is in place at John Paul College.

Online Study



Pictured above is Year 8 student Elena Butchart studying online on her tablet at home.

# General Notices

## MEDIA RELEASE



City of  
Kalgoorlie  
Boulder

24 March 2020

FOR IMMEDIATE RELEASE

### Wet Wipes Causing Sewer Issues



Residents flushing wet wipes and other non-flushable materials has caused four blockages in a week in the City's sewer lines.

City of Kalgoorlie-Boulder CEO John Walker said not only were the City's Water Services team being called out more frequently than normal, but they had also had to increase pipe jetting at a number of sections of sewer from once a year to weekly to cope with the increased number of blockages.

"It is very clear to us that there are a number of residents who are doing the wrong thing, particularly in regards to the flushing of wet wipes. The only thing that people should be flushing down the toilet is toilet paper," he said.

"We have a small but critical Water Services team, which runs efficiently in normal situations, but they are being put under added pressure by residents doing the wrong thing, and if one of them is affected by COVID-19, this will have flow on effects to the whole community, so we are cracking down on people doing the wrong thing.

"People need to be sensible, and there is no shortage of toilet paper in Kalgoorlie-Boulder, so there is no excuse for people flushing wet wipes.

"Removing a blockage and cleaning the line is a costly and time consuming exercise for our Water Services Team, and takes them away from their regular planned maintenance and upgrade work which ensures all residents have a safe and operational sewerage system.

"The only way to get rid of wet wipes is to put them in your rubbish bin."

== Released by Communications Coordinator LAUREN CHAPMAN-HOLLE on behalf of the City of Kalgoorlie-Boulder – 8021 9851. For more information contact CEO JOHN WALKER on 0447 241 584. ==